



**Kin**  
WOMEN

***GONE WILD***

MANJIMUP ROADTRIP  
2018

THE PROGRAM



# RECONNECT INSPIRE

Getaway with your girlfriends.  
Reconnect and live a little wild. Step  
outside the boundaries and live  
intentionally.

Explore change and what it means to  
let go, things to hold tightly and  
things to juggle.

FRIDAY, 2ND NOVEMBER 2018

*WILD*

## TED TALK INSPIRED EVENING

With Amanda, Kelley and Kinwomen Team

So what does it look like to live WILD?  
It might sound a little scary but it's more  
accessible than we imagine.  
It's more a choice to step outside of the lines:  
to live intentionally and congruent with our  
passions, gifts and values.  
Join us for input and entertainment  
followed by coffee and dessert.  
You'll be so glad you did!

TIME: 7pm

WHERE: Warren Valley Community Centre  
16 Rose Street, Manjimup WA

COST: \$25pp

includes coffee, tea and dessert

TICKETS: [Click Here](#)

# SATURDAY, 3RD NOVEMBER 2018



## A LAZY LONG BREAKFAST

Come join us for a long lazy breakfast full of conversation and laughter as we remember what it is to enjoy a meal surrounded by friends and leaving our everyday pressures at the door.

When: Saturday 8am - 10:30am

Where: There are a few 'brunchy' places in Manjimup which we are going to recommend for us to hang out in. More information to come, make sure to be part of the Facebook Group to be notified.

Cost: Your breakfast order



"Surround yourself with people who make you hungry for life, touch your heart and nourish your soul"

**Unknown**

## **sobremesa**

(n) the time spent around the table after a meal, talking to the people you shared the meal with; time to digest and savor both food and friendship.

# SAT | Purposeful Afternoon Conversations

Kinwomen has always had the philosophy that wisdom, learning and change arise more often out of conversation than information. What we hear and read, many women understand, filter and master through discussion, questions and reflection.

And so, these 45 minute sessions facilitated by Kinwomen leaders, will target a topic to provide input before opening the floor for facilitated discussion and activities.

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## AMANDA

### Reset



Goal setting and finding focus in a world of distraction. Do you struggle to find the time to achieve what is required of you at work? Are you looking for ways to reset and find focus again? In this simple one hour session, Local Author Amanda Viviers takes you through a workbook that gives you simple questions and reflections to help you find goals and focus. We all need a reset often. Time to turn everything off and begin again. Finding a fresh perspective to help bring back motivation and vision.

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## KELLEY

### Finding Our Why In Others



In a culture highly focused on self, there continues to exist a strong counter culture focused on others. How can we join the movement and do this well? Well for those we want to assist – bringing hope, opportunity and capacity (we have all seen the challenge in welfare models that leave people disappointed and dependent). And well for those who want to contribute – not burnt out but passionately living out our long-term purpose.

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## PENNY

### Raising & Loving Your Girls



Things have got better for girls over the years when it comes to equality and opportunity, but we have all noticed something about girls – they are growing up very fast - fourteen seems to be the new eighteen, and a significant number of our girl's experience anxiety and depression. As a parent or carer of a young lady, Penny will discuss some key pointers from the professionals in the child and adolescent sector that will help us raise secure, healthy, resilient, liberated girls who are comfortable in their own skin.

**SATURDAY, 3RD NOVEMBER 2018**

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***TAKE THE RIDE***  
**WORDS | MUSIC | CANDLES**

With Penny, Rose and Kinwomen Team

So you want to live WILD?

To take the ride?

You want to live like you mean it?

Then there are always changes to be made:  
things to take up and things to let go, things to  
hold tightly and things to juggle.

Tonight we'll explore the questions, insights and  
courage you need to find your way.

Join us for a night of inspiration followed by  
coffee and dessert. You'll be so glad you did!

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TIME: 7pm

WHERE: Warren Valley Community Centre

16 Rose Street, Manjimup WA

COST: \$25pp

includes coffee, tea and dessert

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## PREPARING THE WAY FOR KINWOMEN GOES WILD!

### OP-SHOPS, ANTIQUES & CURIOS

Some treasure-spots and places to visit either on your way down on Friday or on your return back home on Sunday.

[CLICK TO READ MORE](#)

### FOOD PLACES & FOOD PEOPLE

Here are some of the people; their food and restaurants we've met. go and say hi and let them know you are from Kinwomen!

Remember, it is also 2018 Spring Festival of Country Gardens Weekend.

[CLICK TO READ MORE](#)

### PLACES TO GO ON SATURDAY

Highlighting a few things happening in town on the Saturday, direct you to some good food spots and just 'things you could do' on the Saturday.

[CLICK TO READ MORE](#)



MANJIMUP ROADTRIP  
2018



## FREQUENTLY ASKED QUESTIONS

### How long does it take to drive from Perth?

3 hours and 15 minutes

### What is a good rest stop on the way down from Perth?

One we have been recommended in Lady Marmalade in Kirup (past Bunbury)  
<https://www.facebook.com/ladmarmaladebakes/>

### Do we organise our own accommodation?

Yes - start with the Manjimup Visitors Centre: <https://www.manjimupwa.com/>  
Or try Air BnB: <https://www.airbnb.com.au/>

### Do we pay for our own meals?

Yes - we are only catering for coffee and dessert as part of the ticket prices on the evening events.

### Can Kinwomen facilitate sharing travel & accommodation costs?

The best way to facilitate either friving down with someone or sharing accommodation costs is to jump on the Facebook Group and start a conversation.

## HELPFUL INFORMATION

Manjimup Visitors Centre:  
<https://www.manjimupwa.com/>

## KEY PARTNER

Warren Valley Community Centre:  
<http://warrenvalleycc.com.au/>

## JOIN THE GROUP

Come and join our Facebook Group - Kinwomen Society. Share your stories from the weekend and connect with other women!

[CLICK HERE TO JOIN](#)

## ADD TO OUR SPOTIFY PLAYLIST

The Kinowmen Gang together with Rose Parker will be putting together a Spotify Playlist for the roadtrip.

We want to know your favourite "Roadtrip" songs. Send your requests via our Facebook Group.

## WHAT ARE THE COSTS?

Friday and Saturday Evenings:  
\$25pp per meeting (includes coffee, tea and dessert).

Saturday Purposeful Conversations:  
\$20pp + your coffee order



# Kin

WOMEN



*about  
us*

## FIND YOUR PURPOSE

IGNITE YOUR PASSION AND GET WILD

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**Purpose, connections and conversation.  
Mindful and living with intention.  
Embrace the unknown live courageously.**

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[www.kinwomen.com](http://www.kinwomen.com)  
Register for events  
HERE